

Vitamin D

Wholefood Supplement

Vitamin D plays an important role in keeping your immune system strong to battle viruses and bacteria.

It helps maintain bone health.

It helps battle depression.

Vitamin D may help fight heart disease, lower blood pressure and help manage blood sugar levels.



Ingredients

Vitamin D-3 100ct

5000IU of Vitamin D-3 as cholecalciferol

1250% of RDA

Cholecalciferol is the same vitamin D-3 you receive from exposing your skin to sunlight. It helps to prevent vitamin D deficiency.

(These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.)

